

De-acidify every day with Alka®

Compensate for the acidifying effects of daily life with Alka®. Alka® products have been developed especially to promote the removal of acid waste from your body. The great thing about Alka® is that all products either can be taken separately, or can be combined with one another. This means you can de-acidify your body more or less intensively depending on what suits your circumstances and life-style. De-acidifying with Alka® is about enjoying an active life in a responsible way.



Supplements to balance your pH



Alka® Drops

Dissolve accumulated acids with Alka® Drops by adding a few drops to your drinking water several times a day.

Alka® Tabs Original

The potassium bicarbonate and sodium bicarbonate in Alka® Tabs Original neutralize acid waste in your body. The capsules with a special gastro-resistant coating are gradually absorbed into the intestines.



Alka® Tabs Magnesium

The dual effect of the gastro-resistant Alka® Tabs Magnesium neutralizes the acids in your body and at the same time add extra ionized magnesium.

Alka® Tabs Calcium

Alka® Tabs Calcium has a double effect. It dissolves acidic waste in your body and at the same time adds ionized calcium to your body.



Nutritional products to balance your pH



Alka® Tea

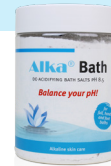
Enjoy and deacidify at the same time with this delicious herbal tea. Alka® Tea contains no less than 52 alkaline herbs and helps to remove acidic waste.

Alka® Greens

Alka® Greens is a tasty green smoothie filled with alkaline nutrients straight from nature. You will improve your pH balance, get more energy and support your immune system and digestion.



Skincare products to balance your pH



Alka® Bath

Help your skin, the largest drainage organ of your body, to remove all acids. Alka® Bath deacidifies, mineralises and soothes your skin and body. Also ideal for small children.

Alka® Scrub

Remove dead skin cells and neutralize acid waste on the skin with Alka® Scrub. The 5 different oils soothe and protect your skin. Your skin becomes radiant and supple again.



Alka® Crème

Indulge your skin with Alka® Crème. This unique alkaline care is a treat for normal skin and ideal for problematic skin or skin recovery. Suitable for day and night for both body and face.



Alka® Minerals

PH BALANCING MINERAL COMPLEX

Balance your pH!

*Contributes to a healthy acid-base balance**



Vegan



Non-GMO



Lactose free



Gluten free

*Zinc

Why extra minerals?

Our modern lifestyle, personal health situation, and the environment we live in cause a high level of acidic waste products inside our bodies. The body is forced to extract minerals from our tissues in order to be able to neutralize all these acids. This can lead to a mineral deficiency.

However many people find it difficult to get enough minerals out of their food nowadays. The depletion of minerals in the soil caused by intensive farming and wrong eating habits lead to a lower mineral intake.

Minerals are important

Minerals are inevitable for many important processes in our body. A lack of minerals can lead to health complaints.



What is Alka[®] Minerals?

Alka[®] Minerals is a pH-balancing food supplement in the form of capsules, offering you high quality alkaline minerals and organically grown grasses.

What makes Alka[®] Minerals unique?

- Provides 50% of your daily requirement
- Easily absorbed by the body
- Contains 100% active nutrients

Exceptional and organic ingredients

Calcified Atlantic Seaweed[®] is a mineral complex from red sea algae from very pure seawater and rich in calcium and magnesium. By nature this vegetable source is very alkaline with a pH of 10.5!

Organic wheat grass and barley grass are the most alkaline grass species. They are rich in vitamins, minerals, antioxidants and chlorophyll (leaf green), which cleanses the body and provides it with energy.



How do Alka[®] Minerals work?

Alka[®] Minerals supports a healthy acid-base balance, cleans your body and refills your mineral buffers.

How will you feel?

Taking Alka[®] Minerals:

- Supports the immune system^{2,4,5,6}
- Contributes to extra energy in case of fatigue^{1,2}
- Is good for the production of cartilage⁷
- Helps to maintain strong bones^{1,3,6,7}
- Contributes to a normal muscle function^{1,3}
- Is good for your hair and nails^{5,6}
- Helps to keep your skin healthy⁶

1) magnesium, 2) iron, 3) calcium, 4) copper, 5) selenium, 6) zinc, 7) manganese



Who benefits from Alka[®] Minerals?

Everybody benefits from Alka[®] Minerals:

- People who want to actively support their health and healthy lifestyle
- People with a modern lifestyle that causes a high acid load
- People experiencing health complaints caused by acidification



Recommended intake:

The recommended dose is 2 capsules twice per day, preferably taken with water just before, during or after a meal. The recommended dose for children from the age of 12 is 1 capsule per day.

Tips:

If you have trouble swallowing, it is best to take the capsules after a meal. Taking the capsules with some fruit juice can make them easier to swallow also.



Personal advice?

Call our Alka[®] health line:

☎ EU: +31 (0)40 30 400 17

☎ UK: (020) 3514 0852

Our Alka[®] coaches are available every weekdays from 09:00 to 17:30 to offer you the best service.

Website and webshop:

www.alka.eu | www.alkavitae.co.uk

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