

De-acidify every day with Alka®

Compensate for the acidifying effects of daily life with Alka®. Alka® products have been developed especially to promote the removal of acid waste from your body. The great thing about Alka® is that all products either can be taken separately, or can be combined with one another. This means you can de-acidify your body more or less intensively depending on what suits your circumstances and life-style. De-acidifying with Alka® is about enjoying an active life in a responsible way.



Supplements to balance your pH



Alka® Drops

Dissolve accumulated acids with Alka® Drops by adding a few drops to your drinking water several times a day.

Alka® Tabs Original

The potassium bicarbonate and sodium bicarbonate in Alka® Tabs Original neutralize acid waste in your body. The capsules with a special gastro-resistant coating are gradually absorbed into the intestines.



Alka® Tabs Magnesium

The dual effect of the gastro-resistant Alka® Tabs Magnesium neutralizes the acids in your body and at the same time add extra ionized magnesium.



Nutritional products to balance your pH

Alka® Tea

Enjoy and deacidify at the same time with this delicious herbal tea. Alka® Tea contains no less than 52 alkaline herbs and helps to remove acidic waste.



Alka® Minerals

Counteract mineral deficiency caused by acidification and improve the alkaline balance in your body. With Alka® Minerals capsules you replenish all alkaline minerals.



Alka® Greens

Alka® Greens is a tasty green smoothie filled with alkaline nutrients straight from nature. You will improve your pH balance, get more energy and support your immune system and digestion.



Skincare products to balance your pH

Alka® Bath

Help your skin, the largest drainage organ of your body, to remove all acids. Alka® Bath deacidifies, mineralises and soothes your skin and body. Also ideal for small children.



Alka® Scrub

Remove dead skin cells and neutralize acid waste on the skin with Alka® Scrub. The 5 different oils soothe and protect your skin. Your skin becomes radiant and supple again.



Alka® Crème

Indulge your skin with Alka® Crème. This unique alkaline care is a treat for normal skin and ideal for problematic skin or skin recovery. Suitable for day and night for both body and face.

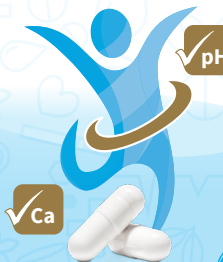


Alka® Tabs Calcium

ALKALINE CAPSULES WITH CALCIUM

Balance your pH!

Supports a healthy acid-base balance*



2 in 1



*zinc
Content: 60 capsules



enteric coated



allergen free



vegan

Calcium



Why deacidify your body and supplement calcium?

Our modern lifestyle, affected by stress, lack of sleep and use of medication, can lead to a high level of acidic waste products inside our bodies. When these products are not fully processed and excreted, they are stored and the body slowly acidifies.

When this happens, our body starts to extract calcium from our organs as an emergency solution to bind excessive acids. As a result, our body not only slowly acidifies but also creates a calcium deficiency.

If we want our bodies to function optimally, we not only need a healthy acid-base balance but also enough calcium. Deacidifying your body with **Alka® Tabs Calcium** helps to achieve that.

How do Alka® Tabs Calcium work?

With **Alka® Tabs Calcium**, you can give your body extra calcium while countering the root cause of a calcium deficiency by deacidifying your body at the same time.

These Tabs neutralise acidic waste and dissolve all stored acids in the body that cause problems while they also restore the healthy calcium levels in the body.

How will you feel?

Deacidifying your body with **Alka® Tabs Calcium**:

- contributes to a healthy acid-base balance¹
- helps to maintain strong bones and teeth²
- supports a healthy digestive system²
- helps to strengthen the muscles²
- activates the natural energy in the body²
- supports the immune system¹

You will feel healthier, fitter, and more energised.

¹) zinc, ²) calcium



What do Alka® Tabs Calcium contain?

Alka® Tabs Calcium consists of alkaline, enteric coated capsules containing calcium carbonate and zinc.

What makes the Tabs unique?

The enteric coated capsules have a time-release function so the ingredients don't get into contact with gastric juices. The capsules gradually dissolve in the intestines where the calcium carbonate converts to bicarbonates and active calcium ions that are very effectively absorbed by the intestinal wall. The bicarbonates in the body then neutralise the acidic waste products while the calcium ions supplement all deposits.



Small dosage, major effect

Thanks to the effective absorption of active calcium ions and the immediate tackling of the cause of the calcium deficiency, you only need a small amount of calcium to experience all the great benefits.

Who benefits from Alka® Tabs Calcium?

Everyone benefits from **Alka® Tabs Calcium**:

- People who want to support the formation of bone tissue.
- Women going through menopause
- People who want to stay active and strong
- People experiencing problems caused by acidification
- People who want to support their immune system



Recommended intake

The recommended dose is 2 capsules per day, preferably taken with water just before, during or after a meal.

The recommended dose for children from the age of 12 is 1 capsule per day.

Tips

If you have trouble swallowing, it is best to take the capsules after a meal. Taking the capsules with some fruit juice can make them easier to swallow also.



Personal advice?

Call our **Alka® health line**:

📞 EU: +31 (0)40 30 400 17

📞 UK: (020) 3514 0852

Our **Alka® coaches** are available every weekdays from 09:00 to 17:30 to offer you the best service.

Website and webshop:

www.alka.eu | www.alkavitae.co.uk

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